



## **PRAA Soccer Club Weather Policy**

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## 1. Cold Weather Policy

- If the **feels-like temperature (including wind chill)** is **36°F or below**, training and games may be **modified** (shortened sessions, more breaks, increased warm-ups) or **canceled** at the discretion of club officials.
- If the **feels-like temperature** is **32°F or below**, all outdoor soccer activities are **canceled**.
- Players should wear **appropriate cold-weather gear**, including gloves, hats, layers under uniforms, and warmups. **No exposed skin for U12 and younger at 32°F or below.**
- Goalkeepers may wear gloves at all times.

## 2. Hot Weather Policy (Using WBGT Guidelines)

PRAA follows **Wet Bulb Globe Temperature (WBGT) guidelines**, which consider **temperature, humidity, sun exposure, and wind speed** for accurate heat safety monitoring. WBGT readings will be taken using a weather app or device before each session.

WBGT Reading	PRAA Hot Weather Policy
Under 82°F	Normal play; hydration encouraged.
82°F – 86.9°F	Mandatory 2-minute water breaks every 25 minutes. Coaches encourage hydration
87°F – 89.9°F	Mandatory 4-minute water breaks every 20 minutes; reduce intensity; players may remove shin guards during breaks.
<b>90°F – 92°F</b>	Modify or shorten sessions, mandatory 5-minute water breaks every 15 minutes; increased substitutions; no goalkeeper gloves unless medically necessary.
Above 92°F	All outdoor soccer activities are canceled.

- Players should **pre-hydrate** before sessions and continue **hydrating after** play.
- Coaches and referees must monitor for **heat-related illness symptoms** (dizziness, nausea, excessive sweating, confusion).
- Shade and cooling areas should be available whenever possible.

### **3. Lightning & Severe Weather Policy**

**PRAA uses Perry Weather lightning detection systems at Hemby Bridge Elementary and Chestnut Square Park to ensure player safety.**

- **If the Perry Weather alarm sounds, ALL players, coaches, and spectators must evacuate the field immediately and seek shelter in a fully enclosed building or vehicle.**
- **You may not return to the field until the Perry Weather system timer has expired and the all-clear alarm sounds.**
- **You can track the real-time countdown at [www.praasoccer.com](http://www.praasoccer.com).**
- **If a tornado warning or severe thunderstorm warning is issued, all activities are immediately canceled.**
- **Coaches may end practice earlier if lightning is detected in the area before an alarm sounds.**

## 4. Decision-Making & Communication

- The **Club Field Coordinator or Club Officials** will make cancellation decisions as early as possible and notify teams via **email, text, or the club app**.
- Coaches have the authority to **modify** training sessions for safety but must follow club guidelines.
- **Referees have final say** on game-day weather decisions, but club policies should be followed.